



ST. MOTHER TERESA OF CALCUTTA PARISH

Living Well Series

STOLEN FOCUS
HOW TO REBOUND FROM COVID'S GRIP

FRIDAY, SEPTEMBER 23rd

6:30 – 7:30 pm

Doors open at 6pm

St. Therese Chinese Catholic School
@ St. Barbara School Campus – Lower Hall
2867 S. Throop St., Chicago, IL 60608

RSVP at this link:
<https://bit.ly/3KIHGnz>

Or scan this code:



In this *interactive and thought-provoking workshop*, you will be introduced to causes, accelerated and augmented by the onset of COVID-19, that have stolen our attention and focus, thus preventing us from being fully present to live our lives as we have been called. *Together we will walk through new thinking and perspectives to support living a more present, fulfilling life.*



Join us as we welcome back one of our own community members, former principal of St. Therese, Phyllis Cavallone. Phyllis is currently the Executive Director of Ladder Up, a nonprofit focused on offering free financial resources through a Tax Assistance Program (TAP), a pro-bono Tax Clinic, and a Financial Capability Program for low-income residents across Illinois.

Previously she served as the chief of academics for the Office of Catholic Schools for the Archdiocese of Chicago. Prior to the Archdiocesan position, Cavallone was the principal at St. Therese Chinese Catholic School where she was recognized for excellence in educational leadership as the 2017 Stanley C. Golder Leadership Award winner by the Golden Apple Foundation, among others, and was named a National Distinguished Principal of the Year, also of that same year. She also led the school with Ms. Oi to win two National Blue Ribbons from the U.S. Department of Education (2011 & 2018).

FREE Admission ~ FREE Parking ~ FREE Wine / Snacks
FREE Supervised Children's Activities in School Gym